



WELSH FOR THE WORKPLACE

CYMRAEG I'R GWEITHLE

Health and Social Care - Iechyd a Gofal Cymdeithasol

Abuse	→	Camdriniaeth
To abuse	→	Cam-drin
Allergy	→	Alergedd
Apron	→	Ffedog
Bath	→	Bath
Care plan	→	Cynllun Gofal
Carer	→	Gofalwr
Commode	→	Comôd
Disability	→	Anabledd
Doctor	→	Meddyg
Food	→	Bwyd
Gloves	→	Menig
Hoist	→	Teclyn codi (To hoist = Codi)
Hospital	→	Ysbyty
Illness	→	Afiechyd
Infection	→	Haint (i.e. infectious disease)
Medicine	→	Meddygaeth (i.e. the subject) Meddyginiaeth = drug Moddion = familiar term for drug
Nurse	→	Nyrs



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Pain	➔	Poen
Painkiller	➔	Tawelydd Poen/Peth Lladd Poen
Police	➔	Yr Heddlu
Plan	➔	Cynllun
Posture	➔	Ystum
Pulse	➔	Curiad y galon/Pŷls
Rash	➔	Brech
Record	➔	Cofnod
Risk	➔	Risg
Shower	➔	Cawod
Sick	➔	Gwael (i.e. ansoddair)
Sickness	➔	Salwch
Vomit	➔	Chwyd
Sore	➔	Dolurus (i.e. adjective)
A sore	➔	Briw/dolur
Social worker	➔	Gweithiwr Cymdeithasol
Team	➔	Tîm
Volunteer	➔	Gwirfoddolwr
Waste	➔	Gwastraff
To waste	➔	Gwastraffu
Zimmer frame	➔	Ffrâm gerdded



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Child Care - Gofal Plant

Abuse	➔	Camdriniaeth
To abuse	➔	Cam-drin
Accident	➔	Damwain
Activity	➔	Gweithgaredd
Assessment	➔	Asesiad
Appetite	➔	Archwaeth
Baby	➔	Baban
Barriers	➔	Rhwystrau
Behaviour	➔	Ymddygiad
Bullying	➔	Bwlio
Confidential	➔	Cyfrinachol
Culture	➔	Diwylliant
Child Centred	➔	Plentyn Ganolog
Children Act	➔	Deddf Plant
Cognitive	➔	Gwybyddol
Communication	➔	Cyfathrebiaeth
To communicate	➔	Cyfathrebu
Confidence	➔	Hyder



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Discriminatory	➔	Gwahaniaethol
Diversity	➔	Amrywiaeth
Duty of Care	➔	Dyletswydd gofal
Emotional	➔	Emosiynol
Encouragement	➔	Anogaeth
Environment	➔	Amgylchedd
Equal Opportunities	➔	Cyfle Cyfartal
Foundation Phase	➔	Cyfnod Sylfaen
Growth	➔	Twf
Guidance	➔	Cyfarwyddyd
Guidelines	➔	Canllawiau
Hazards	➔	Peryglon
Health	➔	Iechyd
Holistic	➔	Cyfannol
Hygiene	➔	Hylendid
Independence	➔	Annibyniaeth
Incident	➔	Digwyddiad
Inclusion	➔	Cynhwysiad/Cynhwysiant



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Intellectual	→	Deallusol
Legislation	→	Deddfwriaeth
Malnutrition	→	Diffyg Maeth/Camluniaeth
Medicines	→	Moddion (i.e. cyffuriau)
Milestones	→	Cerrig Milltir
Observation	→	Sylw
Protection	→	Amddiffyniad (defence) Diogelwch (safety)
Reflection	→	Myfyrdod
Reflection	→	Adlewyrchiad
Safeguarding	→	Diogelu
Safety	→	Diogelwch
Self esteem	→	Hunan-barch
Support	→	Cefnogaeth
To support	→	Cefnogi
Theories	→	Damcaniaethau
Transitions	→	Trawsnewidiadau
Welfare	→	Lles